



DELLWOOD

COUNTRY CLUB

2023



JUNIOR SPORTS

GOLF



Instruction is led by Head Professional Clayton Johnson, Assistant Professional Cory Moran and their team. The five-week program is designed to give junior golfers the knowledge and skills needed to succeed and on the golf course and to have FUN! Topics covered will include putting, chipping, pitching, full swing, rules, and golf course etiquette.

One session will take place every Tuesday from June 13 - July 18 (nothing week of July 4) for a total of 5 classes. July 25 will be reserved as a make up date if needed due to weather.

Pee Wee (Ages 5-7)

8:00-8:45AM (\$175 Golf Member / \$225 Athletic Member)

Future Stars (Ages 8-10)

9:00-10:15AM (\$275 Golf Member / \$325 Athletic Member)

Rising Stars (Ages 11-14)

9:00-10:15AM (\$275 Golf Member / \$325 Athletic Member)



SWIM



Instruction is headed by Aquatics Manager Lindsay Lutton, along with her team of lifeguards and instructors.

Lessons are offered in a 2:1 student to teacher ratio. Exceptions may be permitted (and if requested) to allow for up to three in a group. Sessions are three weeks long and meet 2x per week.

Session 1: June 12 - June 28

Session 2: July 10 - July 26

Session 3: July 31 - Aug 16

Monday's & Wednesday's

25-minute windows available from 11:00-4:00

Tuesday's & Thursday's

25-minute windows available from 4:00-7:00

Cost \$100



Swim Club

The Dellwood Swim Club is a summer sports program for kids ages 6-16. Our goal is to provide a supportive environment and a true team experience for all those involved. Joining the Swim Club is a great way to make new friends, learn about the sport and have an exciting and productive summer. Our season runs from June 5 - July 26. Practice is held from 10:00a-11:00a every Monday through Thursday, except for Meet Days. Meet Days are scheduled with other teams around the metro area, and held on various Tuesday's or Thursday's.

Cost \$175

TENNIS



Instruction is led by Peg Kelly, Director of Instruction, along with her team! They offer three windows, each three weeks long, meeting twice per week, on Monday's & Wednesday's.

Session 1: June 12 - June 28

Session 2: July 10 - July 26

Session 3: July 31 - Aug 16

Pee Wees (4-6 years)

10:35 am—11:15 am

Juniors ages 4-6. Kids will work on movement, balance and agility while playing fun games and activities. Cost: \$120/session

Future Stars (7-8 years)

9:35 am—10:25 am

Juniors ages 7-8. The emphasis is on having fun while learning to play the game. Players will be introduced to the basic strokes, practice hand-eye coordination and court movement while learning to enjoy tennis. Cost: \$135/session

Hitters (9-11 years)

8:30 am— 9:30 am

Kids ages 9-11. Introduction of basic tactics and match play will be emphasized. Players will work on stroke production, court movement, tennis terminology, scoring and basic rally skills through ball feed drills and games. Cost: \$150/session

Players (12-14 years)

11:35 am—12:55pm

Kids ages 12-14. These players will work on advanced stroke and movement patterns along with more advanced spins and point strategies. This class stresses stroke production, singles and doubles court positioning and movement. Cost: \$205/session

Advanced Juniors (13+ years)

1:00 pm - 2:30 pm

Kids ages 13 and older playing at Junior Varsity / Varsity levels. There will be Friday matches throughout the summer against other clubs. Cost: \$205/session

